

NIELL TALBOT

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Master EQ Assertive Leadership & Transformation Relationship Expert

Summary

A high-impact **EQ Relationship/ Leadership Coach** with over **15 years of elite coaching experience**, empowering professionals to achieve **breakthroughs in mindset, leadership, and peak performance**. Specializing in **emotional intelligence, transformational leadership, and personal mastery**, I work with **high-achievers, executives, and entrepreneurs** to rewire limiting beliefs, build resilience, and step into their most powerful, **I AM** version. Adept at creating high-performance environments, I support individuals in navigating challenges with **courageous assertiveness, clarity, and purpose, and let go of stories that do not support individuals on their journey of greatness. And to be attached to only one agenda....who AM I being today?**

Areas of Expertise

- Personal & Professional Relationship Empowerment
- Emotional Intelligence & Mindset Breakthroughs
- Transformational & Behavioral Coaching
- Elite-Level Communication & Personal Mastery
- Executive Coaching & Strategic Growth

Professional Experience

The Powerful Man | Men's Relationship & Performance Coach (2024 - Present)

- Guide high-achieving men to reclaim confidence, authenticity, and leadership in their relationships and careers.
- Facilitate **elite-level** coaching sessions to support profound breakthroughs in personal growth and performance.
- Implement **habit-stacking systems** for sustained transformation and success.
- Foster a **high-performance, assertive mindset** and champion clients through their **next-level evolution for the most extraordinary relationships**.

Master EQ Mindset & Relationship Coach | Private Practice (2015 - Present)

- Coach **C-level executives, visionaries, and high performers** to amplify success through **emotional intelligence and mindset mastery**.
- Guide professionals through **elite personal and leadership development** strategies to unlock full potential.
- Uncover and **restructure limiting subconscious beliefs**, creating **permanent paradigm shifts** in confidence, relationships, and business.
- Facilitate **high-caliber** workshops and immersive training in **EQ, transformational leadership, and peak performance**.

Activate 180 | EQ Executive & Performance Coach (2021 - Present, Part-Time)

- Provide **executive coaching** to leaders seeking high-impact transformation in **performance, leadership, and accountability**.
- Utilize **elite leadership psychology frameworks** to help clients master their influence, communication, and strategic decision-making.

Next Level Coaches | Chief Coaching Officer & Mentor (2020 - 2022)

- Led **elite-level mastermind sessions** for entrepreneurs and high-performance coaches worldwide.
- Conducted **weekly performance reviews, breathwork training, and strategic development coaching**.
- Supported CEOs and founders in unlocking **next-level leadership and business expansion**.

Ascension Leadership Academy | Master Coach of Coaches (2017 - Present)

- Trained and mentored **high-level transformational coaches** to cultivate mastery in **leadership, mindset, and personal empowerment**.
- Facilitated **4-month intensive leadership training**, guiding participants through **deep emotional intelligence work**.
- Conducted **group coaching, breathwork training, and executive leadership calls**.

Boston Breakthrough Academy | EQ Leadership Coach & Senior Trainer

- Coached executives and business leaders through a **4-month transformational journey** to **rewire self-limiting beliefs and drive powerful action**.
- Developed **strategic, results-driven coaching methodologies** to elevate **mindset, confidence, and impact**.

Education & Professional Development

- **Life & Executive Coaching Certification** | IAP College (2024)
- **Professional Business Building** | Insight Coaching (2024)
- **Associate Degree, Pre-PT** | MPC, Monterey, CA (2011)
- **Tony Robbins Firewalk & Mindset Training** (2002-2023)
- **ALA & Warriors Counsel Leadership Coaching Programs** (2016 - Present)
- **Samurai Warrior & Men's Transformational Training** (2011-2023)

What Sets Me Apart

- Proven **track record coaching high performers, executives, and leaders** to achieve **elite-level relationship mastery**.
- Expert in **transforming mindset blocks into high-impact breakthroughs**, fostering **resilient, strategic, and self-led professionals**.
- Deep passion for **helping individuals create lasting transformation by aligning their vision, actions, and mindset for sustained success**.
- Operate with a **fearless, results-driven approach**—empowering clients to **rise above and lead boldly**.